
	<b>Akhil Bharatiya Maratha Shikshan Parishad's Anantrao Pawar College of Engineering &amp; Research</b>		
	<b>Record No.: ACA/D/021 Revision: 00</b>	<b>DoI: 21/01/2019</b>	
<b>Event Report</b>			

**Name of Event: Fit India "Resolve@75" Program.**

**Date of Event:** 6<sup>th</sup> September 2021 to 2<sup>nd</sup> October 2021.

**Mode of event:** Online mode (Using Impact Fitness Mobile Application).

**Name of Event Coordinator:**

1. Mr. Navanath Sarode, Sports Director, APCOER Pune.

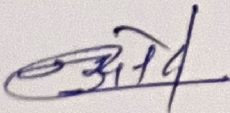
**Brief Description of Event:**

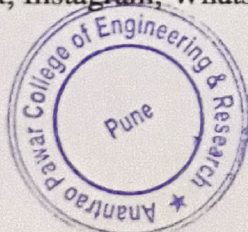
FIT INDIA Movement aims at behavioral changes from sedentary lifestyle to physically active way of day to day living. FIT INDIA would be a success only when it becomes a people's movement. We have to play the role of a catalyst. All would agree that 'How to Live' ought to be the first pillar of formal education. This involves teaching and practicing the art of taking care of one's body and health every day. Therefore, colleges have to be the first formal institution after home where physical fitness is taught and practiced. Fit India proposes to undertake various initiatives and conduct events to achieve the following objectives:



- To promote fitness as easy, fun and free.
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns.
- To encourage indigenous sports.
- To make fitness reach every school, college/university, panchayat/village, etc.
- To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories.

In the above background, the Fit India Mission has prepared a system of FIT INDIA Certification with simple and easy parameters.

As APCOER NSS volunteers, Teaching, Non-Teaching, APCOER Students performs the daily fitness activity such as walking, Running, Jogging etc. from 6<sup>th</sup> September 2021 to 2<sup>nd</sup> October 2021 and created video based on the activity perform by themselves and shared on the social media such as Facebook, Instagram, Whatsapp.

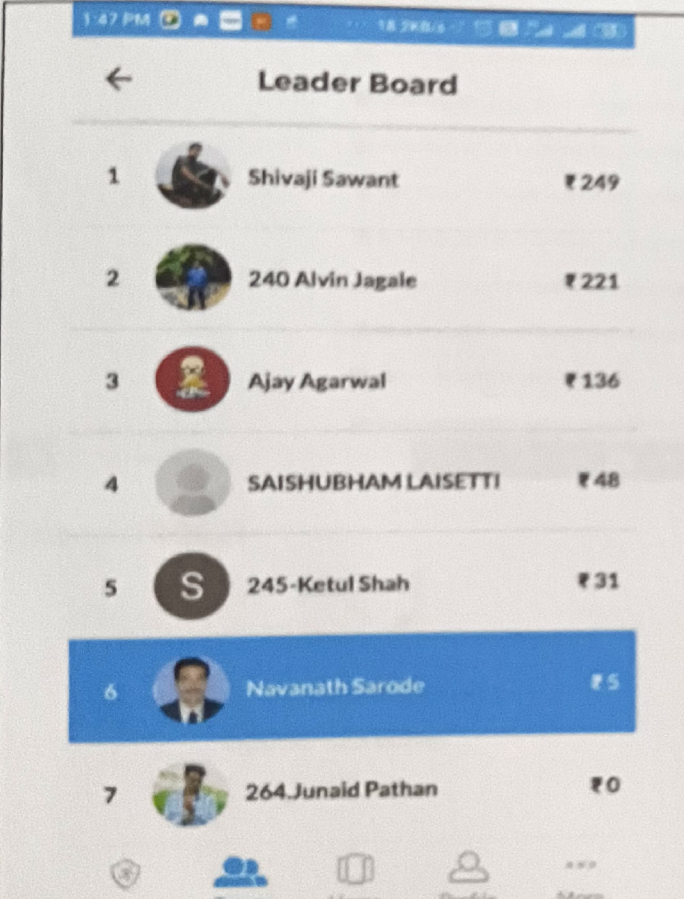




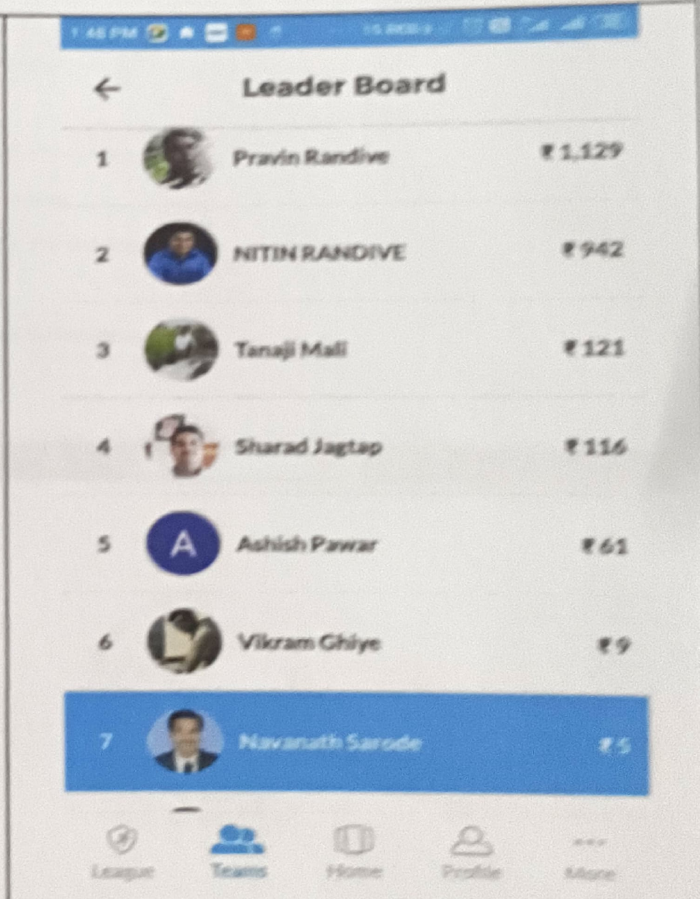
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Heartfelt thanks to Mrs. Pramilitai Gaikwad General secretary Akhil Bharatiya Maratha Shikshan Parishad Pune, Dr. S. B. Thakare Principal APCOER Pune for giving an opportunity to organize : Fit India "Resolve@75" (Fitness Ka Dose-Aadha Ghanta Roz).

**Photos:**

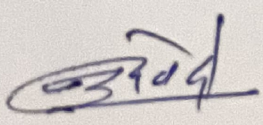
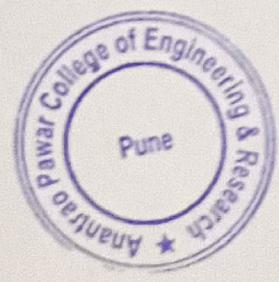


Rank	Name	Score
1	Shivaji Sawant	₹ 249
2	240 Alvin Jagale	₹ 221
3	Ajay Agarwal	₹ 136
4	SAISHUBHAM LAISETTI	₹ 48
5	245-Ketul Shah	₹ 31
6	Navanath Sarode	₹ 5
7	264.Junaid Pathan	₹ 0



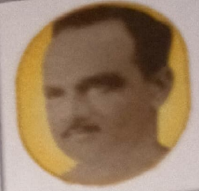
Rank	Name	Score
1	Pravin Randive	₹ 1,129
2	NITIN RANDIVE	₹ 942
3	Tanaji Mali	₹ 121
4	Sharad Jagtap	₹ 116
5	Ashish Pawar	₹ 61
6	Vikram Ghiye	₹ 9
7	Navanath Sarode	₹ 5

**Mobile Screenshot - Impact Mobile app record of daily stepping activity**



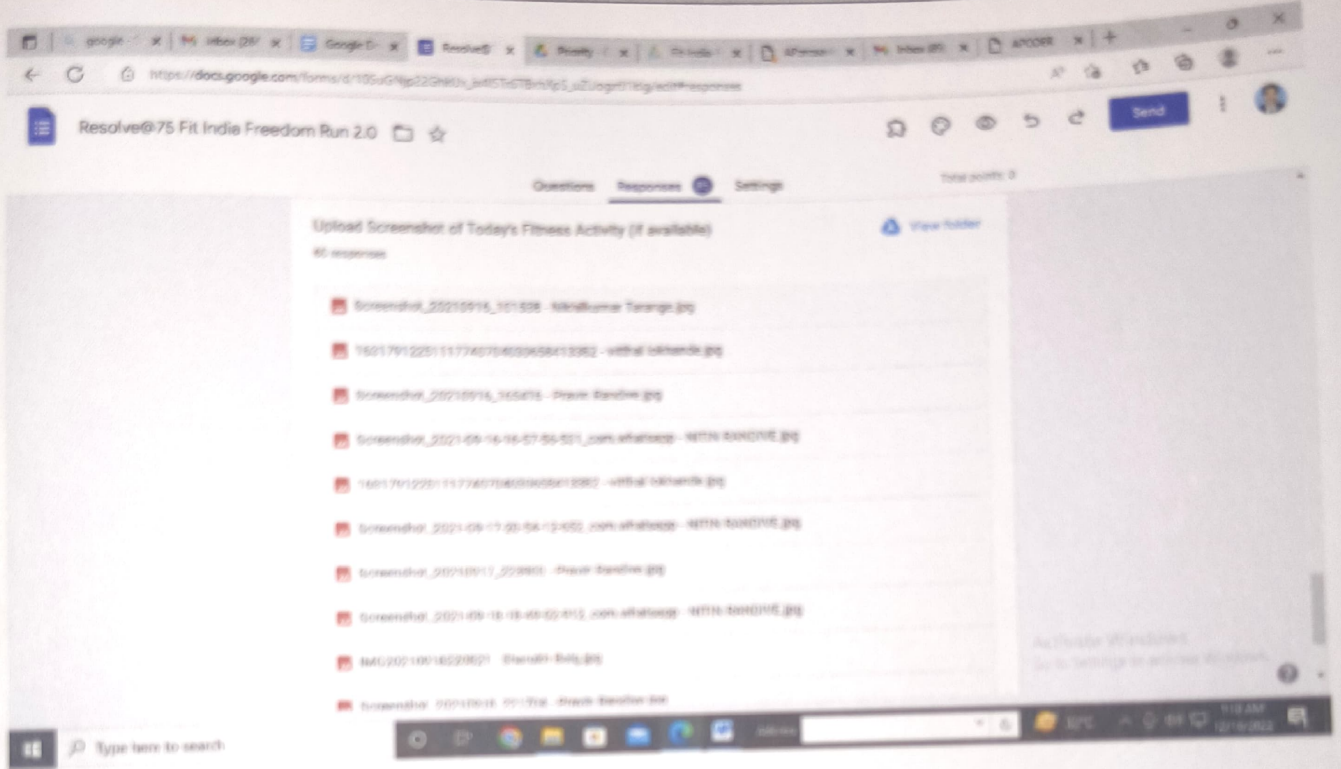
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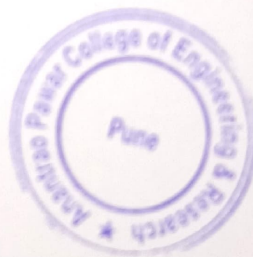
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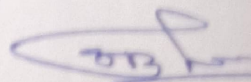
**Event Report**



Date : 5/10/2021

  
Prof. Navanath Sarode,  
Sports Director



  
Principal  
APCOER