



Akhil Bharatiya Maratha Shikshan Parishad's
Anantrao Pawar College of Engineering & Research

Record No.: ACA/D/021
Revision: 00

DoI: 21/01/2019



Event Report

Name of Event: Fit India "Resolve@75" Program.

Date of Event: 6th September 2021 to 2nd October 2021.

Mode of event: Online mode (Using Impact Fitness Mobile Application).

Name of Event Coordinator:

1. Mr. Navanath Sarode, Sports Director, APCOER Pune.

Brief Description of Event:

FIT INDIA Movement aims at behavioral changes from sedentary lifestyle to physically active way of day to day living. FIT INDIA would be a success only when it becomes a people's movement. We have to play the role of a catalyst. All would agree that 'How to Live' ought to be the first pillar of formal education. This involves teaching and practicing the art of taking care of one's body and health every day. Therefore, colleges have to be the first formal institution after home where physical fitness is taught and practiced. Fit India proposes to undertake various initiatives and conduct events to achieve the following objectives:

- To promote fitness as easy, fun and free.
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns.
- To encourage indigenous sports.
- To make fitness reach every school, college/university, panchayat/village, etc.
- To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories.

In the above background, the Fit India Mission has prepared a system of FIT INDIA Certification with simple and easy parameters.

As APCOER NSS volunteers, Teaching, Non-Teaching, APCOER Students performs the daily fitness activity such as walking, Running, Jogging etc. from 6th September 2021 to 2nd October 2021 and created video based on the activity perform by themselves and shared on the social media such as Facebook, Instagram, Whatsapp.

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Heartfelt thanks to Mrs. Pramilitai Gaikwad General secretary Akhil Bharatiya Maratha Shikshan Parishad Pune, Dr. S. B. Thakare Principal APCOER Pune for giving an opportunity to organize : Fit India "Resolve@75" (Fitness Ka Dose-Aadha Ghanta Roz).

Photos:

शि:

← Leader Board		
1	Shivaji Sawant	₹ 249
2	240 Alvin Jagale	₹ 221
3	Ajay Agarwal	₹ 136
4	SAISHUBHAM LAISETTI	₹ 48
5	245-Ketul Shah	₹ 31
6	Navanath Sarode	₹ 5
7	264 Junaid Pathan	₹ 0

← Leader Board		
1	Pravin Randive	₹ 1,129
2	NITIN RANDIVE	₹ 942
3	Tanaji Mali	₹ 121
4	Sharad Jagtap	₹ 116
5	Ashish Pawar	₹ 61
6	Vikram Ghiye	₹ 9
7	Navanath Sarode	₹ 5

Mobile Screenshot - Impact Mobile app record of daily stepping activity

Date : 5/10/2021



5/10/21
Prof. Navanath Sarode,
Director of Phy. Edu.
APCOER, Pune Prof.

Prof. Ganesh Kondhalkar
Students Development officer
APCOER, Pune



Principal
APCOER, Pune

2022-12-29 13:20

	Akhil Bharatiya Maratha Shikshan Parishad's Anantrao Pawar College of Engineering & Research		
	Record No.: ADM/D/035A Revision: 00	DoI: 21/01/2019	
Notice for Students & Faculty			

Ref.No.: APCOER/OFFICE/4846/2021-22

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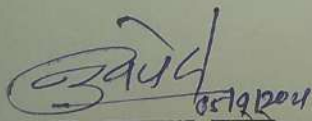
- संदर्भ : 1. Board of Sport SPPU/3/3956, Dated 10/08/2021.
 2. UGC/D.O. No. F.1-54/2019, Dated 08/08/2021.

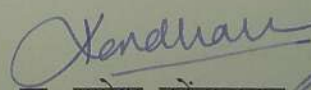
युवा कार्य व क्रिडा मंत्रालय, भारत सरकार, विद्यापीठ अनुदान आयोग, नवी दिल्ली व सावित्रीबाई फुले पुणे विद्यापीठ पुणे यांच्या मार्गदर्शनानुसार महाविद्यालयातील सर्व शिक्षक, शिक्षकेत्तर कर्मचारी व विद्यार्थी यांना आवाहन करण्यात येते की भारताच्या स्वातंत्र्याची ७५ वर्षेपुर्ती निमित्त “आजादी का अमृत महोत्सव” अंतर्गत ३६ सप्टेंबर २०२१ ते ०२ ऑक्टोबर २०२१ या कालावधीमध्ये महाविद्यालयामध्ये “Resolves@75” Fit India Freedom Run 2.0 हा उपक्रम राबविण्यात येत आहे.

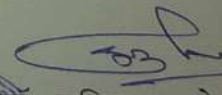
यामध्ये आपण सर्वांनी आहे त्या गावी/ठिकाणी वरील कालावधीमध्ये नियमितपणे आपल्या क्षमतेनुसार दररोज चालणे, धावणे किंवा कोणत्याही शारीरिक तंदूरुस्तीच्या क्रिया करून मोबाईल ॲप च्या सहाय्याने त्याचे रेकॉर्ड दररोज महाविद्यालयाच्या <https://forms.gle/TYLX79kHhQpHTxCQ6> या लिंकवर अपलोड करावे.

या उपक्रमामध्ये सहभागी होणाऱ्या सर्वांना युवा कार्य व क्रिडा मंत्रालय, भारत सरकार, यांचेकडून सहभाग प्रमाणपत्र प्रदान केले जाईल.

दिनांक : ३५/०९/२०२१


 प्रा. नवनाथ सरोदे
 क्रिडा संचालक


 प्रा. गणेश कोंढाळकर
 विद्यार्थी विकास अधिकारी


 सुनिल ठाकरे
 प्राचार्य

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