
	Akhil Bharatiya Maratha Shikshan Parishad's Anantrao Pawar College of Engineering & Research		
	Record No.: ACA/D/021 Revision: 00	DoI: 21/01/2019	
EVENT REPORT			

Name of Event: Fit India Freedom RUN

Date of Event: 25th September 2020 to 29th September 2020

Mode of event: Online mode (Using Impact Fitness Mobile Application).

Name of Event Coordinator:

1. Mr. Navanath Sarode, Sports Director, APCOER Pune.
2. Prof. Vikram R. Ghiye, Program officer NSS , APCOER, Pune,

Brief Description of Event:

Hon'ble Prime Minister has launched the FIT INDIA Movement on 29th August 2019 with a view to make physical fitness a way of life. FIT INDIA Movement aims at behavioral changes from sedentary lifestyle to physically active way of day to day living. FIT INDIA would be a success only when it becomes a people's movement.

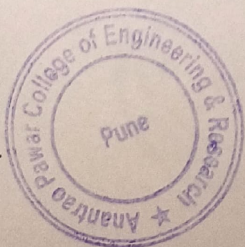
Hon'ble Prime Minister launched nation-wide "Fit India Movement" aimed to encourage people to inculcate physical activity and sports in their everyday lives and daily routine. The motto of Fit India Freedom RUN is,

- Healthy people, healthy families, healthy society. Health is wealth
- The bad work out is no workout
- Don't be a brat, burn that fat
- Fitness is not a destination it is a way of health. Commit yourself to be healthy and fit.

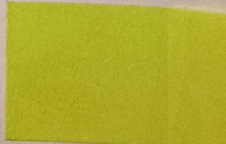
As per the guidelines of AICTE Students and Faculty members can participate for the fit India Freedom RUN movement activity Participants can ,

1. RUN a rout of their choice, at a time that suits them.
2. Breakup their Runs.
3. Run their own Race at their own pace.
4. Track KMs manually or by using any tracking application or GPS watch.

As APCOER NSS volunteers, Teaching, Non-Teaching staff, APCOER Students performs the daily Fit India Freedom RUN activity. Such as walking, running etc. from 25th September 2020 to 29th September 2020.



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**Akhil Bharatiya Maratha Shikshan Parishad's
Anantrao Pawar College of Engineering &
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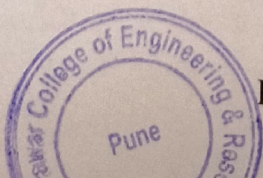
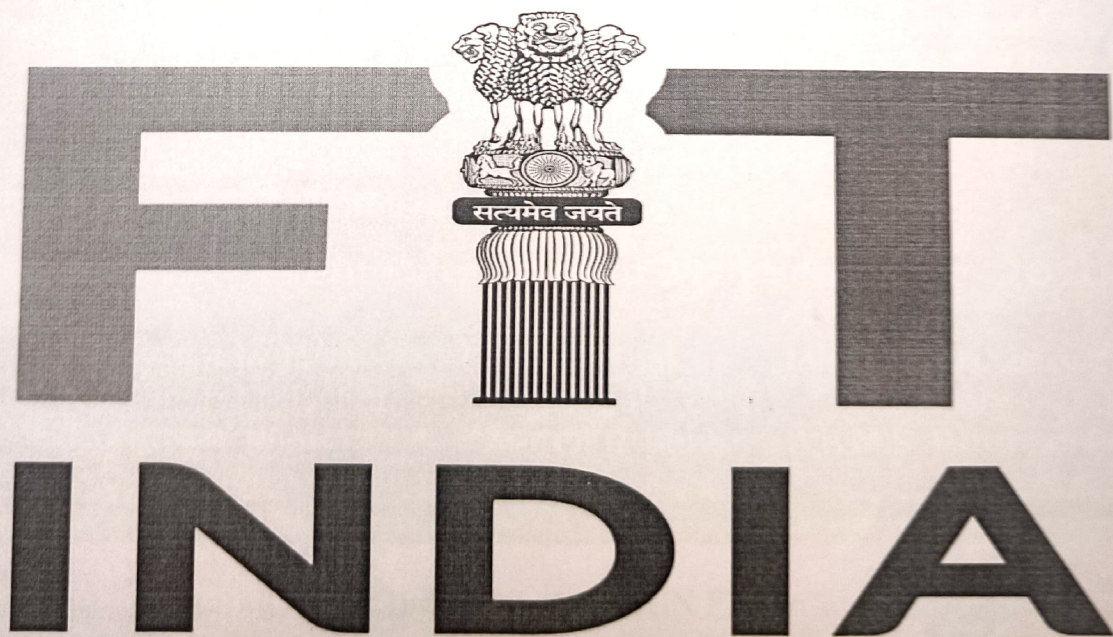
In the Fit India Freedom RUN activity organized the motivational fitness competition upto 6 Months and declared the winners at every month.

Following are details of winner for Fit India Freedom RUN activity

Month/Year	Winner	Branch
October 2020	Ms. Netra Deng	E&TC
November 2020	Mr. Umesh Salunke	IT
December 2020	Ms. Netra Deng	E&TC
January 2021	Mr. Atharva Walake	Civil
February 2021	Mr. Umesh Salunke	IT
March 2021	Mr. Ketan Kharat	Civil

Heartfelt thanks to Mrs. Pramilatatai Gaikwad General secretary Akhil Bharatiya Maratha Shikshan Parishad Pune, Dr. S. B. Thakare Principal APCOER Pune for giving an opportunity to organize Fit India Freedom RUN activity.

Photos:



Fit India Freedom RUN Logo



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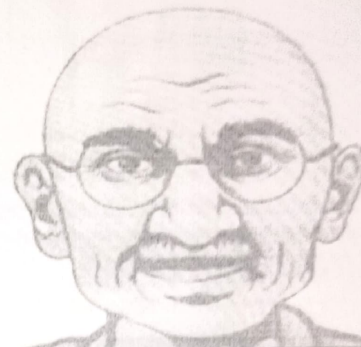
AKHIL BHARATIYA MARATHA SHIKSHAN PARISHAD'S
Anantrao Pawar College of Engineering & Research, Pune



**FIT
INDIA
FREEDOM**



15th AUG - 2nd OCT



"Fit India Freedom Run"



Participants can

1. Run a route of their choice, at a time that suits them.
2. Break-up their runs.
3. Run their own race at their own pace.
4. Track kms manually or by using any tracking app or GPS watch.
5. After completing run/walk activity upload photo/ screen shot on given link.
<https://forms.gle/Wjfnb2E7mX7b9BAM6>
6. E-certificate will be provided by Fit India freedom Run.

Registration Link:

<https://forms.gle/Wjfnb2E7mX7b9BAM6>



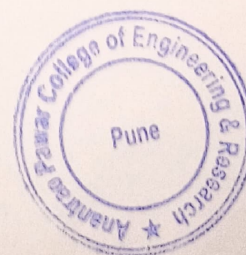
Event Date: 25th to 29th September 2020

Prof. Sarode N. M.
Director of Phy. Edu.
APCOER, Pune

Dr. Sunil Thakare
Principal
APCOER, Pune

Mrs. Pramila Gaikwad
Secretary
A.B.M.S. Parishad, Pune

Fit India Freedom RUN Flayer





Akhil Bharatiya Maratha Shikshan Parishad's
Anantrao Pawar College of Engineering &
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EVENT REPORT



**Fit
INDIA
FREEDOM**



Congratulations to

DR. SUNIL B. THAKARE

FOR SUCCESSFULLY PARTICIPATING IN THE
RUN FOR PEACE AND EDUCATION

Event Organised by ABMSPS ANANTRAO PAWAR COLLEGE
OF ENGINEERING AND RESEARCH PARVATI, PUNE 411 004
From 15th August - 2nd October

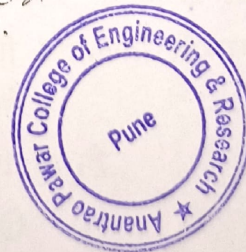
www.fitindia.gov.in

Certificate Fit India Freedom RUN


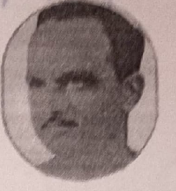
Date: 05/04/2021

[Signature]
05/04/21
Prof. Vikram R. Ghiye
Program officer NSS
APCOER, Pune

[Signature]
5/04/2021
Prof. Navanath Sarode,
Sports Director
APCOER, Pune



[Signature]
Principal
APCOER

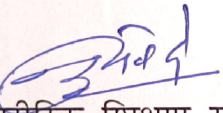
	Akhil Bharatiya Maratha Shikshan Parishad's Anantrao Pawar College of Engineering & Research		
	Record No.: ADM/D/35A Revision: 00	DoI: 21/01/2019	
Notice for Faculty/Students'			

Ref. No. : APCOER/OFFICE/4250/2020-21

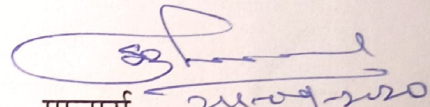
कार्यालयीन परिपत्रक

अभियांत्रिकी महाविद्यालयातील शिक्षक, शिक्षकेत्तर कर्मचारी व विद्यार्थ्यांना आवाहन करण्यात येते की युवा कार्य व क्रीडा मंत्रालय, भारत सरकार व AICTE, New Delhi यांच्या मार्गदर्शानुसार सामाजिक अंतर राखताना स्वतःला तंदुरुस्त ठेवण्याची अपरिहार्य गरज लक्षात घेऊन महाविद्यालयामार्फत दिनांक २५ ते २९ सप्टेंबर २०२० या कालावधीत “Fit India Freedom Run” हा उपक्रम राबविण्यात येत आहे. या उपक्रमात आपण आहे त्या ठिकाणी सहभागी व्हावयाचे आहे. यामध्ये आपण वरील कालावधीमध्ये एक दिवस किंवा दररोज चालणे / धावणे ही कृती करावयाची आहे. यामध्ये २१ कि. मी, १०कि. मी, ५ कि. मी, २कि. मी, व १ कि. मी यापैकी आपणास जे अंतर शक्य असेल ते पूर्ण करून मोबाईल ॲपद्वारे त्याचा स्क्रीनशॉट घेऊन तो <https://forms.gle/Wjfnb2E7mX7b9BAM6> या लिंकवर अपलोड करावा. सर्व सहभागींना ई- प्रमाणपत्र देण्यात येईल याची नोंद घ्यावी.

दिनांक — २४/०९/२०२०


शारीरिक शिक्षण संचालक




प्राचार्य

- प्रत — १. प्रथम वर्ष अभियांत्रिकी, सिव्हिल, कॉम्प्युटर, ई अँड टी सी, आय टी, मेकॅनिकल इंजिनिअरींग विभागप्रमुखांनी आपल्या विभागातील शिक्षक, शिक्षकेत्तर कर्मचारी यांना सुचित करावे.
२. वर्गशिक्षकांनी संबंधीत विद्यार्थ्यांना सुचित करावे
 ३. ग्रंथालय, शारीरिक शिक्षण संचालक, TPO
 ४. नोटिस बोर्ड
 ५. कार्यालयीन प्रत

Address: Sr. No. 103, Parvati, Pune- 411 009,
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 Website: <http://www.abmspcoerpune.org>, Email : abmspcoe@yahoo.com